



Chehalis Parks and Recreation
 2013 Winter Recreation Program
 748-0271
 www.ci.chehalis.wa.us

Chehalis Youth Wrestling

4th, 5th & 6th Graders

The Chehalis Parks and Recreation Department along with coaches John Eklund, Denny Daniels, and Jim Alexander are offering this 5-week program. Coaches John Eklund and Denny Daniels are middle school coaches who have 30 years of coaching experience in the "Bearcat" system of wrestling. The intention is to give young students a chance to learn the basic fundamentals of high school wrestling and allow them to get some competitive experience with others their own age and size. There will be approximately 16-20 practice sessions. Although there is no outside competition with other schools or clubs a tournament like competition will be organized for those involved at the conclusion of the season on Thursday, February 7 at 6:30 pm. Participants need to wear sweat pants or shorts, a t-shirt and any clean light weight tennis shoes. Participants must be picked up behind the Chehalis Middle School no later than 4:30pm.

Fee: \$25.00 per participant, includes a t-shirt
 Date: January 7 – February 7 (*No practice Mon. Jan. 21*)
 Day of Week: Monday – Thursday
 Time: 3:15 – 4:30 pm
 Location: Chehalis Middle School Wrestling Room



--Registration & Payment should be brought or mailed
 Chehalis Parks & Recreation
 1321 S. Market Blvd.
 Chehalis, WA 98532

Registration for 2013 ~ 4th, 5th & 6th Grade Wrestling Program: State Law requires all parents and players to read and sign a concussion Information sheet. Absolutely no registration will be accepted without the completed form. You may obtain one when registering onsite for the program or online at ci.chehalis.com. Click on Parks and Recreation then Registration.

Name _____

Address: _____ City: _____ Zip: _____

Home Phone: _____ Daytime Phone: _____

T-Shirt Size (please check one): YM YL AS AM AL

I am fully aware of the special dangers and risks inherent in the activity, including physical injury, death, or other consequences that may arise or result directly or indirectly from the activity. Being fully informed as to these risks and in consideration of the privilege of participating in the above-described activity, I hereby agree to hold harmless and indemnify the City of Chehalis, Chehalis School District and any volunteers from any and all claims, injuries, damages, losses or suits including attorney fees arising out of or in connection with the performance of the agreement except for injuries or damages caused by the sole negligence of the city.

Parent/Guardian Printed Name _____ Parent/Guardian Signature _____ Date _____

The Chehalis School District does not sponsor this event and the District assumes no responsibility for it. In consideration of the privilege to distribute materials, the local school district shall be held harmless from any cause of action filed in any court or administrative tribunal arising out of distribution of these materials, including costs, attorney's fees and judgment awards.

Refund Policy: No refund except for medical reason or program cancellation
 Mail in registration form: Please provide a self-addressed stamped envelope if you want a receipt.

26 PLU ~ 4 th , 5 th 6 th Grade Wrestling	
Date pd _____	Amt _____
Ck # _____	Cash _____
Receipt # _____	